

Offering women and children the chance for change

Bridge House is based in Leicester and is suitable for women and their children who are escaping domestic violence. It is also suitable accommodation for vulnerable homeless women.

We accept applications via agencies such as the Police, the Domestic Violence Integrated Response Project and Housing Options. We also accept self referrals subject to background checks being completed.

If you want to get in touch with Bridge House or make a referral please call us on 0116 2221845 or visit www.actionhomeless.org.uk/bridge-house



Bridge House



“ I will be eternally grateful for all the help and the opportunity to have a fresh start and move forward with my life ”



About Bridge House

Bridge House is a supported housing project catering for women and children escaping domestic violence.

Based at a confidential address in Leicester, we offer safe and secure temporary accommodation. We are staffed from 8am until 8pm Monday to Friday and on Saturday mornings by an experienced team of fully trained female workers.

Our aim is to enable women and children to deal successfully with the consequences of domestic violence and to support them in creating a positive and independent future. We offer welcoming and family friendly facilities along with a caring environment where women and children can begin the process of rebuilding their lives.

Many of those who have been supported by Bridge House over the years are still in touch with us today. We like to celebrate their achievements and believe that their continued involvement with us says something positive about the time they spent at Bridge House and the difference it made to their lives.

Creating chances for change

Whilst living at Bridge House, residents have access to a structured support programme which is tailored to their individual needs.

Programmes can include:

- Freedom programme
- Children's Sure Start
- One to one key working sessions
- Educational training
- Active Women including Zumba, keep fit and Boxercise
- Pre-tenancy training and living skills

At Bridge House, we understand the importance of being part of a community and therefore offer a range of activities for our residents including:

- Cook and Eat sessions
- Gardening projects
- Movie nights
- Games nights
- Pamper sessions
- Day trips
- Trips to local leisure centre
- Plus much more

To enable residents to take part in such activities, staff will liaise with childcare providers.

“ Thank you for all the help and support you gave my daughter I truly believe you saved her life ”