

At Engage you'll find modern and welcoming facilities and a wide range of services which can help homeless people get their lives on track and realise their potential.

Why not find out more today about what Engage has to offer and how you can get involved. It's easy to get in touch. Just contact Tina Pearce at:

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Engage'

Building Futures, Changing Lives



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What's on offer?



Get Engaged

Engage' is a purpose built centre packed full of services to help homeless people get their lives on track and realise their potential. Located next door to Mayfield House, Engage is right at the heart of Action Homeless.

It provides a base for resident training courses, back to work programmes, volunteering initiatives and activities and events. It also provides drug and alcohol support services as well as a range of holistic therapies such as massage and auricular acupuncture.

Engage is equipped with a training kitchen, computer work stations, private consultation rooms, a therapy room and a large comfortable meeting space. If you haven't yet visited Engage, we'd encourage you to come along and see what's on offer!

Volunteering opportunities - come and find out about the latest volunteering opportunities available to Action Homeless service users, including: stewarding, grounds personnel, activities organisers and minute takers.

Harm reduction - if you're worried about drugs or alcohol you'll find access to the support you need. Why not get in touch and find out about the support we have available including holistic therapies such as auricular acupuncture, massage and relaxation techniques.

Training courses - find out about and sign up for a range of training courses from skills for life and pre-tenancy training to other local courses and qualifications which meet your needs and interests.

Down Not Out - if you're a budding community reporter or have a passion for local news and issues why not sign up to join our Community News Agency, *Down Not Out*, and make a difference to your area.

Activities and events - why not get involved in our wide range of activities and events, including: outdoor pursuits, sports and fitness clubs and social activities. They're all free and you can take a lead in organising events by joining RAP, our residents' committee.

Back to work programmes - make an appointment to see our Employment Adviser about getting back into work. Develop your CV and try out interview techniques. Start the process of finding a job maybe with our Action enterprises or elsewhere.

